

# Detailed Summer 2021 Health & Safety Plan

## FOLLOWING THE GUIDELINES

Our team will unwaveringly hold to, and exceed, the guidelines set forth by our state and local officials. Camp Lone Star actively engages with professional and accredited agencies to shape guidelines and best practices for care for our campers and guest. **This health & safety plan has been reviewed and approved by our local and state health department.** We want you to understand and feel confident in the steps we are taking to minimize risk and be a part of the health care solution.

## WORKING TOGETHER PRIOR TO ARRIVAL

The key to preventing the spread of illness is stopping it from even entering camp. We ask all campers & guests to fill out the [Pre-Camp Self-Screening Form](#). This will help us mitigate the risk of illnesses while walking alongside families to determine the right course of action for everyone's health and safety. We encourage all campers and their families to make a prayerful decision for themselves regarding being vaccinated for COVID-19.

## MEDICAL PROFESSIONAL ON STAFF

Camp Lone Star employs a Summer Medical Coordinator and works closely with health care professionals here in the La Grange area. We receive reviewed and approved standing medical/treatment orders by our local physician.

- ✓ Licensed RN, BSN on-call
- ✓ Dedicated Summer Medical Coordinator and assistants onsite 24/7
- ✓ Fully equipped Medic Station on-site equipped with waiting, treatment, and quarantine rooms
- ✓ 5 miles from fully staffed hospital and emergency room; 30 minutes from Giddings Urgent Care Facility

## EDUCATING & TRAINING FOR VICTORY

We will continue to educate and train our staff with proper hand hygiene, respiratory etiquette, and practicing home isolation if ill. For our guests we emphasize covering mouths when sneezing or coughing, avoiding unnecessary physical contact, and not sharing bathroom products.

1. **Home Isolation:** Stay home when you are sick, especially with respiratory disease symptoms such as fever, cough, shortness of breath or difficulty breathing, and chills
2. **Respiratory Etiquette:** Cover coughs and sneezes with a tissue, then throw it in the trashcan. Camp Lone Star provides tissues in all guest accommodations, bathrooms, and meeting rooms
3. **Hand Hygiene:** This is the #1 defense against any infection. Wash hands often with soap and water for at least 20 seconds. Camp Lone Star provides hand soap in all guest accommodations, bathrooms, and meeting rooms
4. **ServSafe, CPR, First Aid, AED Certified:** All summer staff are certified in the Food Safety course. They are also all CPR, First Aid & AED certified by the Red Cross certification course.

## HAND HYGIENE

We'll say it again, the #1 defense against any communicable disease is clean hands. Guests are encouraged to wash hands often with soap and water for at least 20 seconds. They will wash hands before and after each meal, activity, and throughout the day.

### Hand Washing

- ✓ All accommodations and bathrooms are fully stocked with hand soap.
- ✓ All campers and staff are to thoroughly wash their hands before and after each meal.
- ✓ All hand washing will utilize soap and water for at least 20 seconds.

### Hand Sanitization

- ✓ Hand sanitizing dispensers are readily available in all meeting spaces.
- ✓ All summer staff will have a mini hand sanitizer for their cabin group 24/7.
- ✓ All are encouraged to use hand sanitizer upon entering and exiting any area of camp.
- ✓ Guests are to use hand sanitizer before and after each camp activity when handwashing is not possible.
- ✓ Our hand sanitizer is an alcohol-based hand sanitizer with 60%-95% alcohol as recommended by the Center for Disease Control (CDC).

## PROACTIVE SCREENING FOR SAFETY

We will be conducting proactive health screening by conducting a temperature check and questionnaire upon arrival for registration. By screening for illness, we are hoping to create the healthiest and safest environment possible so our campers can have the best week of their summer.

1. **Start at Home:** Parents are asked to practice safe and health-promoting practices for their campers prior to coming to camp. This includes, limiting exposures, practicing proper respiratory etiquette and good hand hygiene. Parents are also required to fill out the [Pre-Camp Health Screening Form](#).
2. **Social Distanced Registration:** We will be vigilant in following the CDC's recommendations to maintain 6 ft. apart during our registration process.
3. **Lice Check:** As we have always done, we will conduct lice checks during our registration process. We maintain a no-nits policy. Please refer to our [Lice-Prevention Policy](#) in our registration materials for more information.
4. **Temperature Checks:** Any camper with an elevated temperature according to CDC guidelines will not be permitted.
5. **On-site COVID Rapid Testing Available:** In the event a camper is suspected to be symptomatic, we have free COVID rapid tests that can be used as a rule-out option on a case-by-case situation.
6. **On-site Health Questionnaire:**
  - a. Have you or anyone in your household experienced COVID-19 symptoms in the last 14 days?
  - b. Have you or anyone in your household been in contact with someone who has tested positive or is waiting for results for COVID-19 in the past 14 days?
  - c. Have you been sick in the last 14 days?
  - d. Have you been around anyone that has been sick in the last 14 days?

## CABIN/HOUSING HYGIENE PLAN

While we have always had stringent cleaning and sanitation procedures in place, we are taking additional precautions to keep guests and team members safe.

- ✓ CDC-approved quad-sanitizing disinfectant used on all high-touch surfaces such as mattresses, bed frames, cabinets, broom handles, doorknobs, light switches, desks, water fountains, bathrooms and showers, and everything else where we are able.
- ✓ CDC-approved quad-sanitizing disinfectant used to mop floors and clean carpets.
- ✓ After each summer camp session and after each retreat group departs, a deep cleaning of camp is performed before the next group/campers arrives.
- ✓ Hand washing procedures are posted in each cabin bathroom and staff will have hand sanitizer with them.
- ✓ Campers in cabins will sleep head to toe in upper and lower bunks.

## DINING HYGIENE PLAN

Our Kitchen Team is trained to use enhanced sanitation procedures during mealtimes in order to ensure the cleanest and safest environment possible to protect the guests and staff.

- ✓ We will work with you and our other guests to coordinate socially distanced meals.
- ✓ All hands are washed prior to entering and upon exiting the Dining Hall.
- ✓ In addition, hands sanitizer dispensers are available to be used prior to entering the serving lines and salad bars.
- ✓ Buffet, Salad & Deli Bar will be served by Kitchen Staff wearing gloves and wearing masks.
- ✓ Table and Dining Hall cleaning and sanitization is done before and after meals by Camp Lone Star staff wearing gloves and masks using an Environmental Protection Agency (EPA) commercial grade disinfectant, Purell FoodService Surface Sanitizer and Array Comprehensive Cleaner.

## PROGRAM ACTIVITY PLAN

Camp is all about being together and leaning on one another for support. To best keep campers and guest safe, we will be modifying or temporarily discontinuing some of our closer-proximity activities while maintaining an adventurous, fun and safe experience. We will put in place procedures and training for our staff to educate guests on how to safely participate in our modified camp activities. We will also sanitize all equipment before and after use. As a rule, we will employ the following general procedures for all program activities:

1. Sanitize all program areas
2. Sanitize equipment before and after use
3. Wash hands or hand sanitize before and after activities.

## PRAYER

One of the staples of the Camp Lone Star community is prayer. We know that sending your child to camp can produce excitement along with some uncertainty. We want to assure you have one certainty: God is on the throne. Know that wherever you are on this journey, we are praying for you. We are also praying that God would continue to give us wisdom, that He would protect this ministry, and that He would bless all the campers and guests who come this summer. We cling to Jesus—trusting that He is guarding, protecting, and helping us as we pursue our mission to transform lives through adventurous Christ-centered experiences.